

<b>Date:</b>	16 November 2017
<b>Classification:</b>	General Release
<b>Title:</b>	Annual Report of the Director of Public Health 2016-17
<b>Report of:</b>	Director of Public Health
<b>Wards Involved:</b>	All
<b>Policy Context:</b>	The Director of Public Health has a statutory requirement to produce an independent report about the health of local communities
<b>Financial Summary:</b>	Not applicable
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## 1. Executive Summary

- 1.1 The Board reviewed the draft Annual Public Health Report in September 2017. This paper presents the final version of the Director of Public Health's Annual Public Health Report for 2016-17, "The Roads to Wellbeing", that was published on 10<sup>th</sup> October, World Mental Health Day.

## 2. Key Matters for the Board

- 2.1 The Health and Wellbeing Board are invited to note the content of the report, which will inform the communications campaign. The report describes:
- the importance of good mental wellbeing
  - factors affecting our mental wellbeing
  - mental wellbeing across the life course
  - groups who are most at risk of poor mental wellbeing
  - how we can promote and maintain our own mental wellbeing
  - current strategies and initiatives to promote mental wellbeing
- 2.2 The Health and Wellbeing Board are invited to consider the recommendations specific to the Health and Wellbeing Board:

- To better understand the mental wellbeing needs and issues for the local population the Health and Wellbeing Boards should commission a Joint Strategic Needs Assessment (JSNA) on mental health and wellbeing in our local population
- Promoting mental health is one of the four priorities of each Joint Health and Wellbeing Strategy. The delivery plans should be checked against this annual report and refreshed when the findings of the JSNA are published
- Members of the Health and Wellbeing Board to explore the feasibility of using the Roads To Wellbeing infrastructure, or a similar geographic approach, to develop an asset based resource

2.1 The APHR promotes a number of key messages:

- Poor mental wellbeing can affect us and those around us at any point in our lives. Mental wellbeing can impact on all aspects of our lives and is 'everyone's business'
- We can all play a role in improving our own and others' mental wellbeing: Connect, Be Active, Keep Learning, Take Notice, and Give
- To help build the mental resilience of our local communities we need to better understand residents' mental wellbeing and what works to improve this.
- We can achieve this by working in partnership with residents and other organisations and considering mental wellbeing when commissioning and evaluating services
- We need to ensure investment is channelled towards prevention and early intervention not just towards treatment

2.2 Public Health have been working with Westminster's Campaigns and Customer Engagement team to plan a communications campaign on the key messages.

2.3 In addition to the printed report presented here an online version of the report has been developed. This incorporates a link to the Roads to Wellbeing website, a tool which can be used to develop an asset based resource to promote mental wellbeing: [Jsna.info/roadstowellbeing](http://Jsna.info/roadstowellbeing)

### **3. Legal Implications**

3.1 The Director of Public Health for a local authority must prepare an annual report on the health of the people in the area of the local authority Section (Section 31 (5) of the Health and Social Care Act, 2012). Westminster City Council has a duty to publish the report (Section 31 (6) of the Health and Social Care Act, 2012)

Implications verified/completed by: Hazel Best, Senior Solicitor, 07717423421

#### **4. Financial Implications**

- 4.1 There are no financial implications arising from this report. Any future financial implications identified as a result of the report will be presented to the appropriate Board(s) and governance channels in a separate report.

Implications verified/completed by: Brighton Fong, Finance Manager,  
02076417634.

**If you have any queries about this Report or wish to inspect any of the  
Background Papers please contact:**

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#### **APPENDICES:**

***None***

#### **BACKGROUND PAPERS:**

*Annual Public Health Report*